#### ALSO ASSOCIATED WITH ...

MUMBAI

Dhirubhai Ambani International School Bombay Scottish School Ryan International School, Goregaon Gopi Birla Public School, Malabar Hill

Billabong High International School

Cathedral and John Connon School

Maneckji Cooper School Bombay Cambridge School

DELHI

Delhi Public School (Gurgaon, Noida, Ghaziabad and Mathura) Ryan International School Cambridge School, Noida Golden Bells School

#### BANGALORE

Delhi Public School, Bangalore (3 Branches – North, South and East) Ryan International School Mallya Aditi International School

#### HYDERABAD

Kalpa School Meridian School Delhi Public School, Hyderabad Oakridge International Shree Nidhi International Indus World School

PUNE

Riverdale International D.Y.Patil Group's Sharad Pawar International School Vibgyor High Cathedral Vidya, Lonavala Pinewoods International, Panchgani S.M.Choksey St. Meera School and College

and many more...



SHIAMAK DAVAR INTERNATIONAL INDIA PVT. LTD. Arches 2, Mahalaxmi Arches, Opp. Mahalaxmi Station. Below Mahalaxmi Bridge, Off Dr. E.Moses Road, Race Course Side Mahalaxmi, Mumbai - 400 034 Mumbai : 022 - 61543000 | Pune : 020 - 40100201-207 | Bangalore : 080 - 41317661/2/3 Delhi : 011 - 26296590-94 | Hyderabad : 040 - 65979630/31

> www.shiamak.com www.facebook.com/shiamakofficial www.facebook.com/shiamakindiaofficial www.twitter.com/shiamakofficial www.youtube.com/shiamaktv dance@shiamak.com

# **SHAMAK** DANCE EDUCATION



#### DIRECTOR'S NOTE

As the Founder and Artistic Director, my aim through Shiamak Dance Education (SDE) is to share the benefits of dance with students in their formative years. When I started my journey two decades back, I realized my mission of spreading the joy of dance, and using its therapeutic power. During this journey I have seen people heal physically, mentally and spiritually through performing arts. Whilst at school, children are more receptive to the process of learning, and using dance as a medium of physical activity and creative medium, this program aims at channelizing their energy in a resourceful manner.



The objective behind starting SDE is to make it a part of the regular curriculum with a specially designed syllabus that encompasses all aspects of the performing arts. This is where the art of dance and the performing arts help children develop skills, knowledge and understanding that goes beyond the classroom.My aim has been to provide quality dance education, inculcate correct technique and provide wholesome training.

The expert faculty is personally trained by me and specializes in teaching children of all age groups, understanding their individual requirements and ensuring that they learn in a fun and friendly environment. I invite your esteemed institute in adopting a holistic learning approach provided through Shiamak Dance Education. We wish you a positive performing arts experience with us. God Bless

> Shiamak Davar Founder and Artistic Directors Shiamak Davar International (India) Pvt. Ltd.





Cherry Jain Aryan School Dehradun



theme was well presented and the children's energies were released through stress free mind and body co-ordination. This is laudable. Not only did the children enjoy the workshop but their parents also enjoyed watching them.

Thank you ever so much for the excellent Dance Education

workshop you held for my students in October 2010. The

I think dance forms most beautiful expression for students to come out with their potentials and this has been a very fun filled experience for my children. The amazing instructors of Shiamak Davar have been very influential in making my children perform beautifully with the different dance styles. I wish them all the best in their future endeavors and I wish them all the success.

Sumitra Das <sup>I</sup> Indraprastha Global School Noida



#### CURRICULUM BASED

Through the academic year, a dance curriculum is followed with an emphasis on body, mind and soul. Each dance session conducted in the school premises, includes:

- Body warm up and isolation exercises
- Therapeutic dance activities
- Choreography
- Inspirational cool down

The teaching pattern is interactive and communicative ensuring that the learning process is fun. Technical dance terms are taught via dance rhymes making it easier to remember and exciting to learn.

Each dance class is designed to improve physical wellness, stimulate the mind and enable holistic development.

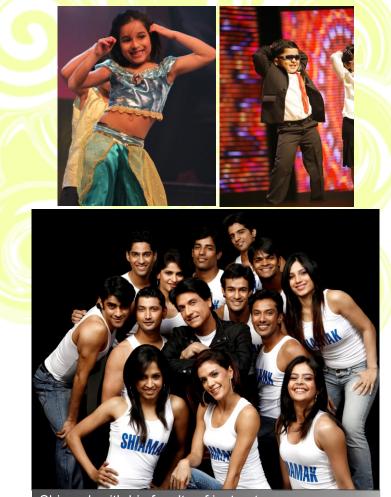
#### WORKSHOPS

Workshops may be conducted as an extra curricular activity during or after school hours in the school premises. Workshops may be based on a particular dance style for a specific period of time and can be customized to suit the students' and school's requirements.



## ANNUAL DAYS

With over 25 years of experience in the dance and entertainment industry, The **SHIAMAK** Team designs and choreographs annual day shows based on various styles, themes and concepts. The team helps present the show with a professional set up of design, stage, sound, lights, costumes, props and choreography. Students are trained as professionals and taught the various aspects of musical theatre and stage performance. They are empowered with technical knowledge, spatial awareness and performance guidelines. The complete performing arts experience helps students overcome stage fright, become more confident, learn to work in teams and feel a great sense of achievement.



Shiamak with his faculty of instructors

### **TESTIMONIALS**

Within a few years of the inception, Shiamak Dance Education (@Schools) has found patrons in top schools and was well received by Principals, parents, trustees and students alike. Today with 30,000 school students as a part of the SDE program, schools have incorporated the Shiamak's dance education sessions in their regular curriculum with evident improvement in their students.



Pinky Pujara Universal Education Trust Mumbai

With the introduction of the Shiamak Davar Education in the schools of Universal Education Group it has been observed that the course has brought in a structure, a well defined curriculum with time bound objectives and above all professionalism in the Dance Programmes of the schools. The expertise that Shiamak Davar Education brings is unparalleled and we sincerely appreciate the efforts of the instructors, and coordinators in putting up the Annual Day Programme of the school. We have witnessed innovation and energy like never before in our school programmes. It has been a pleasure to be associated with Shiamak Davar Education and we wish them the best in all their endeavours.



Indu Dubey Neerja Modi School, Jaipur

I sincerely appreciate the time, dedication, commitment, professionalism and patience by your extremely commendable professional team .Their many dances covered a wide range of styles and dance levels from absolute beginner to advanced.The introduction of the inspiring dance forms speaks about the SDI's continuing legacy to provide the best dancing environment which believes in laying strong foundation amongst the youth. I really appreciate the guidance of Mr.Shiamak Davar, and the time spent by the instructors with us to make dance a meaningful experience for all.

#### BENEFITS

The essence of the program is in dance expression, knowledge and creativity that go beyond the periphery of dance movement. Using Jazz technique, Ballet exercises, Yoga Asanas, Dance Therapy activities, Theatre arts, each class has a well defined syllabus for skillful porgression to improve:

Fitness levels Confidence, focus and concentration Team spirit and positive thinking Discipline and all round development Posture, body language and appetite The four basic pillars of Shiamak Dance Education are:

**Physical Development:** Greater range of motion, strength and endurance is achieved through movement pattern that teaches coordination and kinesthetic memory. Dance being an excellent form of exercise keeps children naturally active and fit.

**Emotional Maturity:** Psychological health and maturity is achieved through dance which gives the students an opportunity to express themselves through creative movement.

Social Awareness: Dance fosters social interaction, cooperation and team spirit.

**Cognitive Development:** Movement provides a cognitive loop between idea, problem, or intent and outcome or solution.

### PROGRAMS

SDE is customized to suit the specific needs of the children at each school keeping in mind the desired outcome. The program may be conducted as under:

During school hours as part of **regular curriculum** After school hours as an **extracurricular activity** As part of **regular curriculum culminating into a grand annual performance** Specially choreographed and designed **annual day shows** 

Dance and technique are taught in the following styles: Jazz Funk, Shiamak Style (contemporary), ShaBop (Hip Hop & Street Funk), Bollywood Jazz, Theatre Jazz, Jive and Rock'n'Roll, Afro Jazz and Salsa